



# Evoked Wellness at Miramar Packing List

## What to Bring:

### **Clothing:**

- Two weeks worth of clothing.
- Slippers, sandals, flip flops, sneakers.
- At least one pair of sweatpants and a sweatshirt
- Undergarments and socks must be worn at all times.

### **Toiletries:**

- We provide shampoo, conditioner, and toothpaste, however, you are welcome to bring your own. Unopened is preferred.
- If you bring a razor for shaving, it will be given to you for shower use only. Electronic Razors encouraged.

### **Nicotine Products: State age restrictions are enforced.**

- All nicotine products need to come sealed.
- Unopened cigarettes, disposable vapes.
- Nicotine gum
- Lighters will stay in your property.

### **Snacks:**

- All snacks need to come unopened.
- We provide - coffee, juice, water.

## What to Leave Home:

### **Clothing:**

- No logos on clothing that are gang or drug related.
- No tank tops, halter tops, backless or low-cut clothing.
- No short shorts or other tight clothing

### **Toiletries:**

- Products with alcohol in the first five ingredients.
- Aerosol hairspray or hair dye.

### **Nicotine Products: State age restrictions are enforced.**

- Open or loose tobacco, cigars, black & milds, chewing tobacco
- Non-disposable vapes or other electronic cigarettes.

### **Snacks:**

- Energy Drinks are not permitted.



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## What to Bring:

### **Electronics:**

- We provide access to Netflix.
- Cell Phones, Laptops, and other devices included in personal property will remain in our safe.

### **Valuables:**

- Any personal property such as wallets, purses, cash, Personal ID and credit cards will be labeled and kept in our safe.
- Families can utilize patient client funds. Link at the bottom of page.

### **Medications/Drugs:**

- Prescription medications
- Non-narcotic medications only.

### **Other:**

- Games
- Workbooks
- Coloring Books
- Reading Books
- FMLA paperwork
- List of Emergency Contacts
- Makeup (no loose powders)
- Menstrual products if needed.

## What to Leave Home:

### **Electronics:**

- Internet Access is not permitted unless approved by staff and supervised.

### **Valuables:**

- Jewelry
- Large amounts of cash.

### **Medications/Drugs:**

- Narcotics and alcohol
- other the counter medications and vitamins.

### **Other:**

- Pets
- Pornographic materials
- Guns, knives, brass knuckles, chains, razor blades, etc.



# Evoked Wellness at Miramar

## **Upon Arrival/Intake Process**

Breathalyzer and Rapid Covid Test is administered.  
Upon a negative result, the intake process will begin.

Patients will sign consents, releases and any financial forms.  
Payment will also be collected at that time if it has been discussed prior to admission.  
Once forms are signed, patient will be asked to submit a urinalysis and a body search.

A tour will be provided to the patient and they will begin by seeing the nursing staff for an assessment.

\*If the patient tests positive for Covid, alternate accommodations may need to be made, depending on room availability.

## **Family**

Every patient is given the opportunity to make their safe call to their emergency contact upon admission.  
Sometimes, a patient may deny the call at that time and will be given the opportunity when they are ready.  
Please advise that a patient must sign releases for anyone he/she/they will be calling or we will not be able to make contact.  
Once a release has been signed, the initial family contact will then be made within 24 hours upon admission by our admissions team and then our clinical team.  
An email will be requested for our family letter to be sent in regards to "What to expect when your loved one is in treatment."



# Evoke Wellness at Miramar

## **Client Funds**

If you would like to put money on your loved one's account for anything he/she/they may need while in treatment to make their stay more comfortable, please let us know or you can add it on by going clicking here: <https://evokewellnessfl.com/admissions/client-funds>

Funds can be used for cigarettes, vapes, candy/snacks, specific toiletries, etc.

Family involvement is highly encouraged. Phone calls can be made daily for a family member with a clinician or approved individual. Phone calls are generally made between 8AM and 7PM. Any visitation must be approved and determined by clinical.

- This list is not all-inclusive. Any items that may be questionable will be assessed upon admission